

7 STATS ABOUT GIRLS

to inspire action

6 out of 10 girls avoid activities, such as attending school or raising their hand in class, when feeling bad about their looks. ^{*1}



Girls as young as 6 years old believe brilliance is a male trait. ^{*2}



Girls are 4 times more likely than boys to be told to be careful. ^{*3}

96% of high school girls are trying to lose weight. ^{*4}



Social comparison is the #1 predictor of poor body image for girls. ^{*5}

By 9th grade, girls self-harm 3 times more than boys their age. ^{*6}



Girls outperform boys in academics, yet grow up to hold fewer than 14% of top leadership positions in the nation. ^{*7}



We ignite the power in girls
by teaching them skills to thrive and
believe in their ability to be unstoppable

Our strategic vision is to ignite the power in 86,000 girls by 2020 through our self-efficacy curriculum which teaches girls to believe in their ability to succeed.

- Founded in 1996 -

We know girls are powerful.

Our mission is to help them know it too.



Statistics: 1) Dove Campaign for Real Beauty; 2) Science Magazine, 2017; 3) Journal of Pediatric Psychology, 2016; 4) Center for Disease Control and Prevention, 2013; 5) The Journal of Social and Clinical Psychology, 2011; 6) Pediatrics, 2012; 7) Lean In, 2013

www.girlsempowermentnetwork.org